

SAMPLE ITINERARY FOR 4 DAYS / 3 NIGHTS DANUM VALLEY FIELD CENTRE FULL TOUR [EX-LAHAD DATU]

DAY 01 ARRIVAL LAHAD DATU / DANUM VALLEY (Meals: Lunch & Dinner)

(Guests are suggested to take flight MH3010 BKI ETD 06:10 HRS / LDU ETA 07:05 HRS)

0800hrs Meet and greet at Lahad Datu Hotels / Airport and transfer to DVCA via 4WD or van.

Briefing on the programme prior to departure.

1030hrs Visit Infapro Project Area and learn about forest regeneration, seedling growing techniques, replanting and carbon offset principles. For a fee and at your request, you can plant a tree (signboard with your name, name of tree and date planted will be prepared. Fee includes maintenance cost for 5 years.)

1130hrs Expected to arrive at DVCA Reception & Information Building, register and check-in.

1230hrs Lunch provided at Resthouse Dining Hall.

1400hrs Take a walk along the 500m self-guided nature trail, and get to know the rainforest, marvel at its beauty and experience the pristine ambience of the rainforest as it has been for hundreds of years. And, trek to the one of the old burial caves of long gone communities. A radio carbon analysis on a child's femur dates back to A.D.1670, while the coffin made of Borneon Iron Wood (Belian) dates back to A.D. 1210.

1800hrs Return to DVFC. (Rest)

1900hrs Dinner served at Resthouse Dining Hall.

2100hrs "Night Safari Drive" to observe nocturnal wildlife. (If weather permits)

Overnight at Danum Valley Field Centre, Danum Valley

DAY 02 DANUM VALLEY (Meals: Breakfast, Packed Lunch & Dinner)

0700hrs Breakfast served at Resthouse Dining Hall.

0830hrs Grab your packed lunch and begin trek to Tembaling Waterfall and marvel at one of the world's oldest rainforest, its rich flora and fauna. The trek takes approximately 2 hours. If weather permits, you may take a refreshing swim in the cold, unpolluted rainforest stream. Ample opportunities for bird watching. Don't forget to bring along your swimming gear! (If weather permits)

1400hrs Return to DVFC and continue bird watching activities.

1900hrs Dinner served at Resthouse Dining Hall. (Rest)

2100hrs Night walk to observe nocturnal wildlife. (If weather permits)

0000hrs Lights Off.

Overnight at Danum Valley Field Centre, Danum Valley

DAY 03 DANUM VALLEY (Meals: Breakfast, Lunch & Dinner)

0700hrs Breakfast at Resthouse Dining Hall.

0830hrs Discover more about Danum Valley. Free at your own leisure.

1230hrs Lunch at Resthouse Dining Hall.

1400hrs Continue bird watching activities.

1900hrs Dinner at Resthouse Dining Hall. (Rest)

2100hrs Night walk to observe nocturnal wildlife. (If weather permits)

0000hrs Lights Off.

Overnight at Danum Valley Field Centre, Danum Valley

DAY 04 DANUM VALLEY/ DEPARTURE LAHAD (Meal: Breakfast)

(Guests are suggested to take flight MH 3019 LDU ETD 16:30 HRS / BKI ETA 17:25 HRS)

0530hrs Leave for Bukit Atur and be one of the first to greet the first ray of the sun as it touches the valley.

Website: www.sabahholidays.com/www.danumvalley.info/www.maliaubasin.info